



Reiki Inspirations

'Treating you as a WHOLE person'
Maria Lacey's Newsletter – February 2008
www.reikiinspirations.com.au
ABN NO. 50 362 260 939

Hello and welcome once again to my newsletter ☺

2008 is here and what a wonderful year it is going to be. According to numerology it is a global 'one' year which means that this is an ideal year for new beginnings, new projects, opportunities, ideas and inspirations. A time to remain positive and optimistic! It is also the year of the 'Rat' which the Chinese believe it to be abundant bringing in good fortune. Please find below one of my own very personal stories that I would like to share. It is not a recent one but feels apt at a time when housing interest rates are rising. I trust that this story will lift your spirits as it has done mine by recalling it.

Quote for today...

Remember: You are the only person who thinks in your mind! You are the power and authority in your world.... Louise Hay

MIRACLES DO HAPPEN!!

It was the mid 1990's and I had decided to sell my home. It was a difficult decision to make but at the time a necessary one. I put the house on the market and within a short time frame the market dropped dramatically. I remember feeling a little scared, disheartened and uncertain as to whether I would be able to provide my children a home that was going to be ours. I was bought up in the days that you didn't rent you bought and I was struggling with these set of values especially seeing my finances weren't supporting them. To cut a long story short I did sell at around \$20,000 less than the expected price. It left me with a very small deposit to start looking to purchase. I did my homework and as a single parent in those days it was difficult to refinance, yet I did find out the maximum I could borrow and then set out to find a suburb that I could afford. I realised that I had to downgrade my expectations and that I couldn't buy in the suburb that my children were born and bought up in. Having to move away from our area was going to be challenging for all of us.

We looked for quite a while and eventually I was bought to this house. The guttering was falling off, it was painted that mission brown colour of the 70's or 80's and there were a huge amount of gum trees on the property, which I have to say I loved. We went inside and yes it needed painting and there was only one wall heater in the entire house but it did have something. I then asked about the price and they had already reduced the price by \$20,000 and yet the price she gave me was \$30,000 over my limit. Sadly I had to let it go and kept looking.

Over the next two weeks I continued in earnest to look in fact I had now looked at over fifty homes and for some reason the house in that street kept coming to my mind. Not only my mind but at times I am certain that I heard it whispered in my ear. I had to go back and have a look, it was time I listened. I went back and yes it felt so good and I knew that day it was going to be mine. I said to the real estate agent that I am ready to put an offer in writing. I met her back at her office and as she was asking my details I was calculating how much I could offer thinking about the extra I

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could possibly save or delay a couple of bills. Then of course she asked me what the offer was. I had a pen in hand and wrote this figure on the piece of paper \$513,500 and then slipped it to her. She looked at me shocked because I offered \$30,000 below the already reduced price. Then she really looked at me - I'll never forget it. Her eyes welled with tears and so did mine and she asked why the \$513,500? I said that if I didn't pay a particular bill I could add it to this offer. She shook her head and said that she really shouldn't even be attempting this but for some reason she had to. Well the next day I get this call with a very excited real estate agent on the end of the line to say that the house is mine! I knew it, and I have to say that I have been very happy here ever since, it is the perfect home ☺

Imagine how simple life could be if we just listened within and took notice and with confidence, trust and faith in our choice we can move mountains. I'm smiling because it is that simple!! If it feels good *DO IT*, if it doesn't feel good *DON'T*.

So if we look at the perceived wrong choices in our lives how did we get there? There have been many times I have not trusted in my *uneasiness* and chose another path which reinforced my greatest fears through that experience. Yet, I don't berate myself or see those times as failure I see those times as a learning process and now that *'I GET IT'!!* I choose to simplify my life, listen to me. How does it sit with me, is there any uneasiness? And if it doesn't feel right I don't do it, I pause and wait. I then ensure I am not being influenced by well meaning friends, family or work colleagues and remember the times that it didn't serve me by going against my own inner knowing and learn from that experience. Stay away from the murkiness of GUILT and trying to please everyone!! Why do I have to re-experience pain when I can enjoy the delights of living in harmony with gratitude? I can tell you that everyone benefits when you are happy and true to you. It's just that simple ☺

2008 WORKSHOPS & COURSES

For more information go to - http://www.reikiinspirations.com.au/classes__workshops

15th & 16th March – Reiki Level 1 Certificate Course – Saturday & Sunday – 10am to 4pm
19th & 20th April – Reiki Level 2 Certificate Course – Saturday & Sunday – 10am to 4pm
4th April – **Psychic Art Drawing & Reading** with Wendy Ishewe-Clark, Friday from 9.30am
17th & 18th May – Reiki Level 1 Certificate Course – Saturday & Sunday – 10am to 4pm
15th April to 20th May – **Women Nurturing Women** 6 wk Personal Growth Course
10th April to 26th June – **Meditation** Thursday evening 7.30pm to 8.30pm
11th April to 20th June – **Meditation** Friday morning - 9.30am to 10.30am
7th April to 23rd June – **Spiritual Development** Monday evening - 7.30pm to 9.30pm
8th April to 24th June – **Spiritual Development** Tuesday morning - 9.30am to 11.30am
19th July – **Psychic Art Workshop** with Wendy Ishewe-Clark, Saturday 1pm to 5pm

Please note: All existing participants in the Meditation and Spiritual Development classes will have the first option to continue in Term 2, if you would like to attend please let me know as soon as possible so that I can put you on our waiting list. Thank you ☺

For further information including testimonials and my '**specials**' please go to www.reikiinspirations.com.au or phone 9727 2581.

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MEDIUMS DAY – The Phoenix Spiritual Centre – Saturday 8th March – 10am to 3.30pm
Clairvoyant Readings, Tarot Readings \$25 each, psychic art \$30
Scout Hall, Koomba Park, Mountain Hwy, Wantirna. Melways 63 D7 – Free entry

Know your Crystals.....

Citrine is a powerful cleanser and regenerator. Carrying the power of the sun, this is a beneficial stone as it is excellent for energizing and recharging. This is one of the crystals that never needs cleansing. It absorbs, transmutes, dissipates and grounds negative energy and is therefore extremely protective for the environment. Citrine energizes every level of life. Citrine is the stone of abundance teaching how to manifest and attract wealth, prosperity and success. It is joyful and a useful stone for smoothing group or family discord. It raises self-esteem and self-confidence. Enhances concentration and revitalizes the mind. It is excellent for overcoming depression, fears and phobias. It promotes the joy in life. (Information obtained from The Crystal Bible by Judy Hall)

In *feng shui* you can place a piece of Citrine in the top left hand corner of your house to attract abundance as this is the wealth corner. To ascertain the top left hand corner is to stand at your front door or if doing a room such as your office stand in the doorway and look straight ahead and then to your top left-hand corner.



Citrine is yellow to yellowish brown or smoky grey-brown

Trust that you have enjoyed this newsletter and please feel free to share this with any of your friends as I look forward to your feedback and presenting you my next Newsletter. If you would like to contribute to this newsletter please email or phone me as I am always delighted to hear from you.

Many blessings, Maria

Your thoughts:

16/12/07 - Hi Maria, Loved the newsletter once again. The messages are wonderful especially at Christmas when we are all so tired and overwhelmed. Loved the rubbish truck story! How very very true. Have a great Christmas and New Year. Hope the picnic goes well on Christmas Day....what a beautiful thing to do...just to be there for each other and make new friends. DM

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